## **BENEFITS – DETRIMENTS WORKSHEET**

**Instructions:** Write in Benefits and Detriments on the appropriate side. Within reason write as many as you can, but NOT more than this page! Then, starting with benefits, try to prioritize and place a number next to each Benefit and then Detriment. Compare the Benefits and Detriments one "pair" at a time (your number 1 benefit with your number 1 detriment, and so-on) and then circle which one of the two outweighs the other. Then, count the ones you have chosen for each, look at the results, and DECIDE! Best wishes on your decisions.

## **BENEFITS**

## **DETRIMENTS**